

Quiz psychology pre class

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Disclaimer Quiz

- Sometimes multiple answers can be right, however there is always one requested answer. Please take note of this.

1. What is an emotion?



A: An emotion is a signal, just like pain it tells you what your body needs.



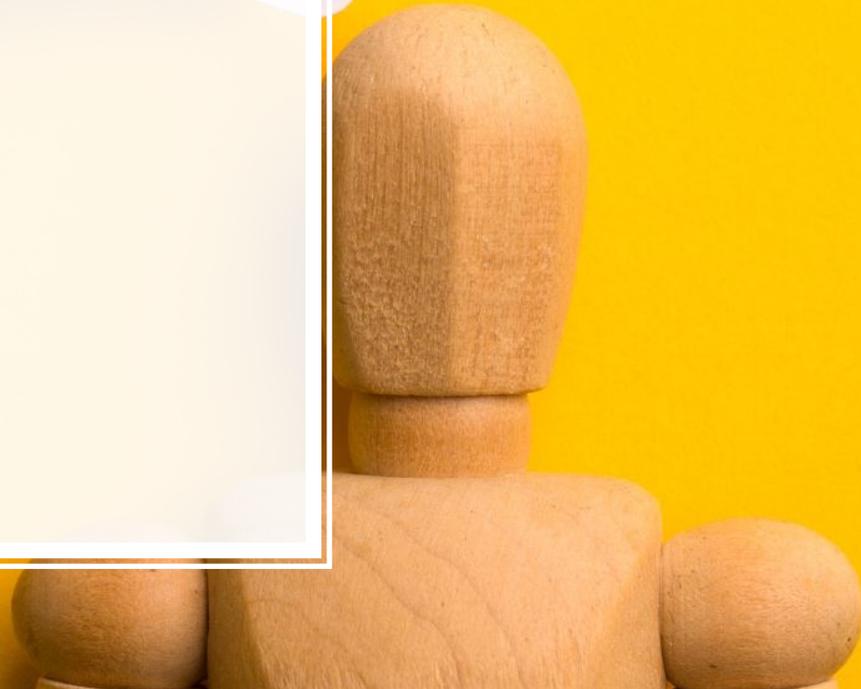
B: An emotion is our sense (awareness) of the bodily changes as they occur



C: An emotion tells us when something meaningful has happened, they make sure that we take a moment for important events

What is an emotion - answer

- B: An emotion is our sense (awareness) of the bodily changes as they occur



2. Blushing is
not a sign of?

A: calmness

B: shame

C: warmth

Blushing is not a sign of – answer

- A: calmness

3. What is the difference between a 'mood state' and an emotion?

A: An emotion has a direct link with a certain situation a 'mood state' does not.

B: A 'mood state' has a direct link with a certain situation and an emotion does not

C: There is no difference between emotions and a mood state

What is the
difference
between a
'mood state'
and emotions?
– answer

- A: An emotion has a direct link with a certain situation a 'mood state' does not.



4. After how many years do children normally develop the emotions: guilt, shame?

A: after 5
years

B: After 3
years

C: After 4
years

After how many years do children normally develop the emotions: guilt, shame? – Answer

- C: After 4 years

5. What is the difference between shame and guilt?

A: Guilt is more painful than shame, because you are only judging behaviour

B: Guilt is more painful than shame, because you are trying to escape the feeling

C: Shame is more painful than guilt, because you are criticizing yourself

D: Shame is more painful than guilt, because you are judging behaviour

What is the difference between shame and guilt? - answer

- C: Shame is more painful than guilt, because with shame you are criticizing yourself

6. Of what does shame consist ?

A: aggression

B: Depression

C: It consists of neither

D: It consists of both



Of what does shame not consist – answer

- D: It consist of both

7. What is the true definition of jealousy?



A: being envious of something



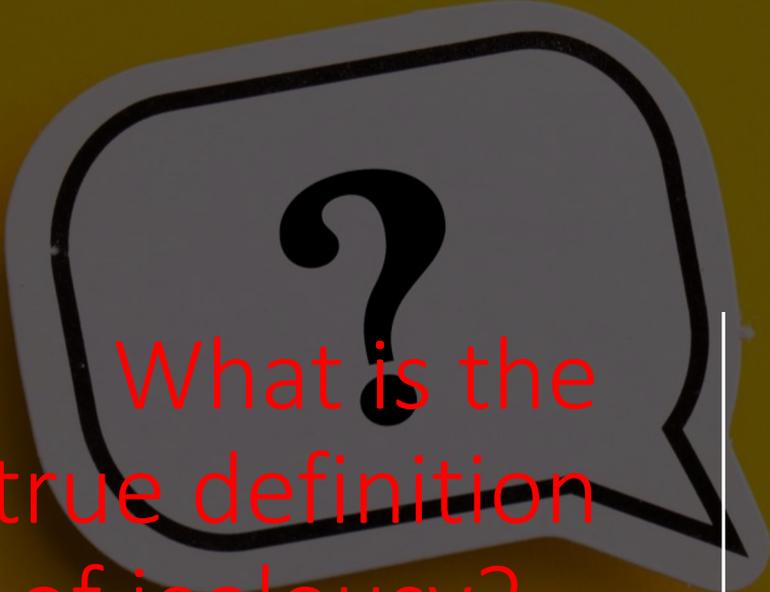
B: Wanting something that someone else has



C: Wanting to keep something, that you think belongs to you



D: All the answer are right



What is the
true definition
of jealousy? –
answer

- C: Wanting to keep something, that you think belongs to you

8. What is not an example of 'secondary appraisal'?



A: FEELING ANGRY



B: FLIGHT



C: FIGHT

What is not
an example
of
'secondary
appraisal' ?
– answer



A: feeling angry



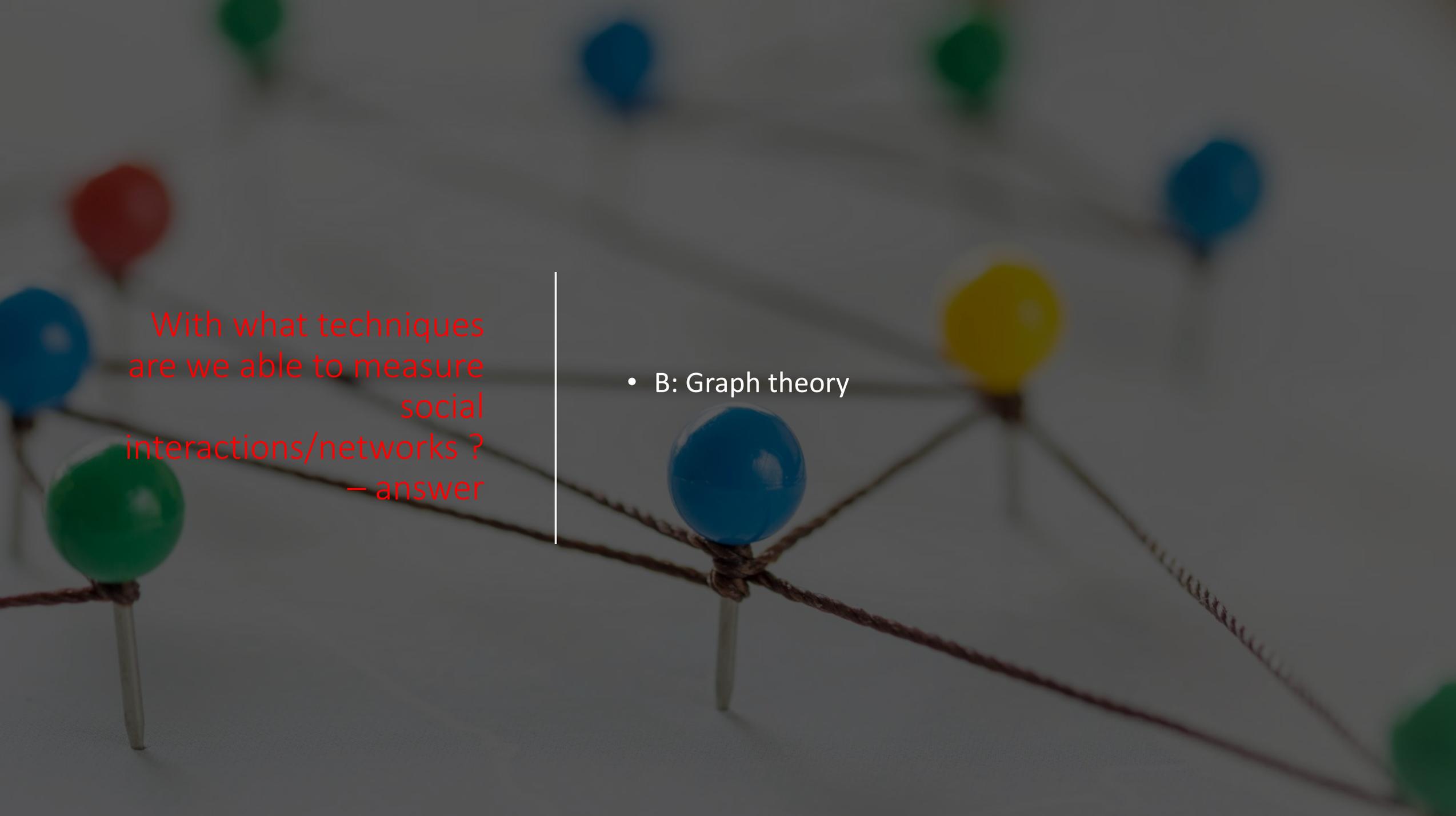
Feeling anger but not acting on
this anger, just the emotion is not
an example of secondary
appraisal

9. With what techniques are we able to measure social interactions/networks ?

A: Social
cognitive
theory

B: Graph
theory

C: ASE-model

A network diagram is shown on a white surface. It consists of several colorful beads (blue, green, yellow, red) connected by thin brown strings. The beads are arranged in a roughly circular pattern, with some strings crossing each other. The background is a soft, out-of-focus grey.

With what techniques
are we able to measure
social
interactions/networks ?
– answer

- B: Graph theory

10. What is generally **not** a part of psychology?



A: CODING



B: STATISTICS



C: PROGRAMMING

What is in general **not** a part of psychology? – answer

- C: Programming